

Sunday March 1st Schedule for 2020 Speed Local

8:00	Gym Opens			
8:30	D&C Check-in			
9:00	D&C Speed Athlete Meeting			
9:10	Youth D & C Practice			# of participants per category dictates the Finals rounds.
9:15	Youth D & C Practice		16 or more	Finals of 16
9:20	Youth D & C Practice		8 to 15	Finals of 8
9:25	Youth D & C Practice		4 to 7	Finals of 4
9:30	Youth D & C Practice		2 to 3	Finals of 2
9:35	Youth D & C Practice			
9:40	Youth D & C Practice			Athletes get 2 warm up runs
9:45	10 min break	10 min break		2 qualifying runs (best times move on)
9:50		Youth D & C Qual.		Head to Head Elimination finals for the top 2,4,8
9:55		Youth D & C Qual.		
10:00		Youth D & C Qual.		
10:05		Youth D & C Qual.		
10:10		Youth D & C Qual.		
10:15		Youth D & C Qual.		
10:20		Youth D & C Qual.		
10:25		10 min break	10 min break	
10:30		Youth D & C Finals		CM Round of 8
10:35		Youth D & C Finals		CF Round of 8
10:40		Youth D & C Finals		
10:45		Youth D & C Finals		
10:50		Youth D & C Finals		DM Round of 4
10:55		Youth D & C Finals		DF Round of 4
11:00		Youth D & C Finals		CM Round of 4
11:05		Youth D & C Finals		CF Round of 4
11:10		Youth D & C Finals		
11:15		Youth D & C Finals		
11:20		Youth D & C Finals		DM Big and Small Finals
11:25		Youth D & C Finals		DF Big and Small Finals
11:30		Youth D & C Finals		CM Big and Small Finals
11:35		Youth D & C Finals		CF Big and Small Finals awards

12:30 Athlete Check-in
 13:00 Athlete Meeting

13:10 Junior Practice
 13:15 Youth A Practice
 13:20 Open Practice
 13:25 Youth B Practice
 13:30 Youth B Practice
 13:35 Youth B Practice
 13:40 Youth B Practice

13:45 10 min break

13:50 Junior Qualifiers
 13:55 Youth A Qualifiers
 14:00 Open Qualifiers
 14:05 Youth B Qualifiers
 14:10 Youth B Qualifiers
 14:15 Youth B Qualifiers
 14:20 Youth B Qualifiers

14:25 10 min break 10 min break

14:30 Jr / A Finals JrM Round of 4
 14:35 Jr / A Finals AM Big Final
 14:40 Jr / A Finals AF Big Final
 14:45 Jr / A Finals JrM Big and Small Final
 14:50
 14:55 Youth B & Open Final BM Round of 8
 15:00 Youth B & Open Final BF Round of 8
 15:05 Youth B & Open Final OM Round of 8
 15:10 Youth B & Open Final
 15:15 Youth B & Open Final BM Round of 4
 15:20 Youth B & Open Final BM Round of 4
 15:25 Youth B & Open Final OM Round of 4
 15:30 Youth B & Open Final

March 1st 2020 # advance to

Category	# in Category	elimination rounds
Youth D Male	4	4
Youth C Male	9	8
Youth B Male	8	8
Youth A Male	3	2
Junior Male	5	4
Open Male	2(+8)	8
Youth D Female	4	4
Youth C Female	12	8
Youth B Female	11	8
Youth A Female	3	2
Junior Female	0	0
Open Female	0(+3)	2

15:35	Youth B & Open Final	BM Big and Small Finals
15:40	Youth B & Open Final	BF Big and Small Finals
15:45	Youth B & Open Final	OF Big Final
15:50	Youth B & Open Final	OM Big and Small Finals
15:55		awards
16:00		