

CHINOOK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
DEVELOPMENT A	5PM - 8PM		5PM - 8PM				
DEVELOPMENT B		5PM - 8PM		5PM - 8PM			
SPORT A	5PM - 7:30PM		5PM - 7:30PM				
SPORT B					5PM - 7:30PM		4PM - 6:30PM
REDPOINT					5PM - 7:30PM		4PM - 6:30PM
YOUTH D		5PM - 7PM		5PM - 7PM			

STRONGHOLD*	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
DEVELOPMENT	5PM - 8PM		5PM - 8PM				
SPORT		5PM - 7:30PM		5PM - 7:30PM			
REDPOINT					5PM - 7:30PM		4PM - 6:30PM
YOUTH D	5PM - 7PM		5PM - 7PM				

* teams at Stronghold will begin there when the gym opens after the renovations

SOCAL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
PERFORMANCE		5:30PM - 8:30PM	5:30PM - 8:30PM				
DEVELOPMENT		5PM - 8PM		5PM - 8PM			
SPORT	5PM - 7:30PM		5PM - 7:30PM				
REDPOINT					5PM - 7:30PM		4PM - 6:30PM

HANGER	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
DEVELOPMENT		5PM - 8PM		5PM - 8PM			
SPORT A	5PM - 7:30PM		5PM - 7:30PM				
SPORT B					5PM - 7:30PM		4PM - 6:30PM
STRONGHOLD SPORT**		5:30PM - 8PM		5:30PM - 8PM			
REDPOINT					5PM - 7:30PM		4PM - 6:30PM
STRONGHOLD REDPOINT**					5:30PM - 8PM		5:30PM - 8PM
YOUTH D	5PM - 7PM		5PM - 7PM				

** Stronghold Teams will start in this gym until Stronghold is opened after renovations

ROCKY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
PERFORMANCE	5:30PM - 8:30PM			5:30PM - 8:30PM			
DEVELOPMENT A	5PM - 8PM		5PM - 8PM				
DEVELOPMENT B		5PM - 8PM		5PM - 8PM			
STRONGHOLD DEVELOPMENT***	5PM - 8PM		5PM - 8PM				
SPORT A		4:30PM - 7:00PM			5PM - 7:30PM		
SPORT B					5PM - 7:30PM		4PM - 6:30PM
REDPOINT					5PM - 7:30PM		4PM - 6:30PM

*** Stronghold Development will start in this gym until Stronghold is opened after renovations