

# CLIMBING IS DANGEROUS.

Please follow these actions when  
inside the Calgary Climbing Centre.



Watch out for one another and use common sense and good judgement at all times.

Only Calgary Climbing Centre staff can teach or coach belay related skills.

Do not walk, climb or sit in a fall zone.

Wear a shirt at all times and clean indoor footwear when not climbing.

We require all visitors to our facilities to arrive free of impairment and remain fit to accept and mitigate the risks present in our facilities.



## ROPED CLIMBING

Regardless of your level of experience, always check your partner before leaving the ground.

Facility belay checks are required for both top rope climbing and lead climbing and test a range of competencies we feel are important to climb in our facilities.

- Anyone can challenge the top rope check
- Anyone 12 & up can challenge a lead check\*

*\*Both lead climbing and lead belaying skills MUST be demonstrated during a successful lead check*

Only belay with approved devices. For example:

- tube style belay devices such as a BD ATC
- geometry assisted-braking belay devices such as the Edelrid Jul or Mammut Smart
- mechanical assisted-braking belay devices such as the Petzl GRIGRI

Belayers 17 & under must use a mechanical assisted-braking belay device.



## BOULDERING

If you do not know how to fall properly, ask the staff for an orientation.

Keep personal belongings off of raised flooring system.

If bouldering in roped climbing areas, do not boulder above 3 metres.



## SUPERVISION RATIOS AND AREA ACCESS FOR CHILDREN

Adult supervision is required for **ALL** children 13 & under when in our facilities.

For climbers 6 & under, bouldering is **NOT PERMITTED**.

An adult may only supervise one child at a time when in the fall zones.

Supervisors must remain within arm's reach while a child is bouldering or belaying.

Supervisors cannot climb, belay, or boulder while a child belays or boulders.

Away from fall zones.

- When not belaying or bouldering, children must remain seated away from all climbing and bouldering fall zones.
- Supervisors must maintain line of sight with ALL children in their care and be available to identify and react to potential hazards in and away from all fall zones.

Belaying

- Children must have passed a belay check at the CCC and a hands-free, belay checked adult must remain on the ground beside them, to manage any challenges they may encounter.

Fitness Areas

- Fitness equipment may only be used by those 14 & older unless previously approved by management.

*\*These rules apply to general access and not CCC programs, ClimbPark and/or special events.*